



VOICE OF THE RESIDENTS

Vol. VIII, No. 9

Cockeysville, Md.

June 1987



The evidence accumulates that men are slower than women. Just think, Mother's Day was proclaimed in 1914 but recognition came to Fathers 10 years later in 1924. Further, Mother's Day is in May - Fathers have to wait until June 21st. Late though it is, Fathers show up better in one respect - their day gets less advertising space.

There are not too many other days of note in June and no legal holidays. The 14th is Flag Day and some states observe Confederate Memorial Day, King Kamehameha, Bunker Hill and United Nations Charter among other days. And as for keeping track of days, where has spring gone? If our almanac is correct summer begins on June 21st.

It seems that the price of being more or less au courant is nothing less than eternal vigilance. We should have been aware in April that May was to be "Older Americans Month" so that we could have prepared you for the shock before your Social Security checks arrived. We apologize for our lack of foreknowledge.

If you looked at the envelopes for the Social Security checks you may have noticed that the apostrophe (') was omitted from "Americans." This may be merely one more evidence of the continuing change in grammatical usage but we suspect something

else - cost effectiveness. Each month the government prints millions of envelopes for mailing checks for Social Security, retirement, disability compensation, etc. We believe that someone has calculated that "x" million apostrophes per month, twelve times a year would require "y" gallons of ink, the cost of which would purchase a small nuclear warhead.

With this issue the VOICE is silent until September at which time July, August and September appear in the one issue.

The Board of Directors has approved a budget entry for the next fiscal year that will provide for the printing and folding of the VOICE for mailing to Future Residents. There will still be a staff to handle local distribution and to prepare the copies to be mailed out.

BARN SALE
<u>1/2</u> PRICE <u>CLOTHING</u> AND.
BAKE SALE
Thurs. JUNE 4 7:30-1:30

THE NORTHWEST WING

Those who walk or drive the Perimeter Road have noticed that it has been widened at the end of the new northwest wing of Hallowell. The series of new single rooms that have been added to Hallowell were dedicated on May 17th. This new wing will not add to the nursing capacity at Broadmead but it will make possible a greater number of single rooms. Our nursing capacity is still limited to 66 beds as has been true for quite some time.

The dedication ceremony included remarks from Tom Mondloch (Director of Health and Finance), Lois Forbush (Chairman, Board of Trustees) and Alice Tobler (Hallowell Hall Representative to the Residents Association). The ribbon cutting was shared by Lois Forbush, Alice Tobler and Howard Ketler (Director of Maintenance). A brief summary statement was made by the Executive Director, Rich Compton.

1b

SOME LITTLE BUG WILL
FIND YOU SOME DAY

In these days of indigestion
It is oftentimes a question
As to what to eat and what to leave
alone,

For each microbe and bacillus
Has a different way to kill us,
And in time they always claim us for
their own.

There are germs of every kind
In any food that you can find
In the market or upon the bill of
fare.

Drinking water's just as risky
As the so-called "deadly" whiskey,
And it's often a mistake to breathe
the air.

1920(?) Author Unknown
Submitted by Esther Mallonee

NATURE TRAIL

It is fervently to be hoped that you have lifted up your eyes unto the hill and seen the display of rhododendrons at the entrance to the Nature Trail. If it is too late by the time this Voice reaches you, try to keep it in mind for next year.

Thanks to a grant from the Residents Association and the hard work of the Grounds Crew, pipe has been run up the hillside so that plantings can be watered in times of need. Last year some plants were lost because of the drouth.

There is always something to be seen along the trail from spring flowers and trees to autumn foliage. Even in the very height of summer there is available the play of light and shadow on the trees and bushes along the path.

The Nature Trail wanders up the hill and across the top. It can seem like quite a lonesome spot should one fall or sprain an ankle. It is suggested that it is a good idea to go with a partner or at least to let someone know that you are going alone so there will be knowledge of your whereabouts in case of need.

Trail Committee

IN MEMORIUM

Sylvania G. Nagle
June 4, 1892 May 20, 1987

Emily W. Boyd

December 21, 1904 May 21, 1987

OWN WORST ENEMY

The relationship of personality and health is a general concept that dates to ancient Greece. More specifically, in 1958, two California cardiologists, Dr's. Friedman and Rosenman, proposed that individuals who exhibited competitive, aggressive, impatient, achievement-oriented behavior were prone to increased heart disease. They designated this as "Type A" behavior, characterized by 1) doing two things at once, 2) scheduling too many activities in too little time, 3) ignoring one's environment or things of beauty, 4) hurrying the speech of others, 5) becoming irritated by delays in queues or traffic, 6) gesticulating while talking, 7) explosive speech patterns, 8) rapid and frequent tapping of fingers, 9) making a fetish of being on time, 10) playing every game to win, 11) measuring success in terms of numbers, 12) lip-clicking, head-nodding, fist clenching, table pounding, rapid eye-blinking, or tic-like eyebrow raising, 13) being impatient while watching others do things you think you can do better or faster, 14) believing that if you want something done well, you have to do it yourself.

Initially ignored or rejected, many large well-controlled studies confirmed the relationship of "Type A" personalities and coronary heart disease. However not all successful, hard-driving individuals develop heart disease. Furthermore, even some "Type B" (opposite characteristics of A) develop heart problems. More recent studies have tried to isolate the specific risk factor from the complex amalgam of "Type A" personality traits. There is growing evidence that hostility may be the most toxic component of "Type A" behavior. This includes repressed anger, jealousy, bitterness, resentment and suspicion. Redford Williams of Duke University Medical School argues that the real villain is a cynical mistrusting attitude.

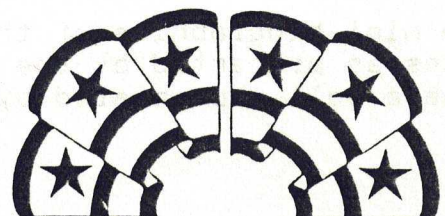
Superimposed on behavior are the traditional risk factors of obesity, smoking, improper diet, genetic tendencies, age, etc. However there appears to be significant validity between good behavior and good health. "Type A" behavior is extremely hard to modify and may take years. But as one convert said, "Even if the concept is untrue, I'm a more loving, understanding person and my life has improved 100 percent." Perhaps the commandment "Do unto others as you would have done unto you" wasn't meant just for the other guy's benefit.

Thomas Crawford, MD
Medical Director

NEW FORMAT

The Voice will be stilled in July and August but will resume in October in a slightly different format. The Residents Association has placed money in the budget that will permit the printing of the paper by an outside agency. A normal printing consists of 1100 copies of which 700 are sent by Administration to persons on the Futures List and only 400 are for local consumption. The cost of printing will be shared by Administration as was the case in the past.

The new editions will consist of six sheets each 11" by 17" which, when folded, will equal the usual 12 pages. This printing will cut down on the collating and the amount of stapling will be greatly reduced. Not enough credit can be given to our faithful Production Staff for all the work they have done over the years.



JULY AND AUGUST

4



SENIORS PROM

Remember Dorothy Ohrenschall - how she enjoyed her life at Broadmead and always joined in the "fun" activities? Well, her son Bob from California has presented Broadmead with a gift in her memory - he donated a portable oak dance floor as a memorial to Dorothy.

A DEDICATION DANCE seems an appropriate way to express our appreciation, so a SENIORS PROM is planned for June 20th.

Let's show the high school and college kids that they are not the only ones who can dance the night away at a prom. The Gordon Hinze orchestra will provide us with our favorite tunes from 7:00-9:00 P.M. Plan to attend - join the fun - favors, balloons, entertainment.

Nancy Grant

PLEASANT SUMMER

The staff of the Voice wishes all Residents a safe and sane Fourth of July and a comfortable August whether here or away.

NEW OFFICERS

Just as a reminder: The Nominating Committee has proposed the following as Officers of the Association for the Fiscal Year 1987-1988:

President	Lehman Guyton
1st Vice President	Vivian Cord
2nd Vice President	Betsy Griffin
Secretary	Roland Shackford
Treasurer	David McIntyre

Representatives to the Board of Trustees (2):

Kathaleen Kennedy (for a 2-year term)

Kenneth Walker (2nd year to complete a 2-year term)

The mini-biographies of the candidates as presented by the Committee were well appreciated by Residents.

APPRECIATION

As this fiscal year draws to a close, I want to express my thanks and appreciation to all who make the general programs here at Broadmead possible. First, to all the Residents and Staff who tell me of available programs - my source for about 90%! Then to the Audio-Visual Committee, headed by Mal Gross and consisting of Ruth Bristol, Bob Mason, Harry Patton, Harald Schutz, Roland Shackford, and Ed Stein, which sets up and runs the equipment, making it possible to see and hear what's going on. And finally, but just as important, to the Reception Desk Staff and the Duty Men who set up chairs and open the back of the auditorium to give us room and places to sit. So there's not much left for me to do but to thank everyone for being so very helpful!

Dot Graham
Program Committee

Building Soviet-American friendship is possible and very exciting, according to Harriet Crosby, founder and president of the Institute of Soviet-American Relations, who spoke before the Broadmead Discussion Group in its series "Building Bridges."

Ms. Crosby told of the many trips she has made to the Soviet Union and of both the officials and lay citizens she had met, held meetings with and appeared with on TV. Her experiences given on April 21 were almost endless.

It was interesting to note that Ms. Crosby's contacts are all approved by the U.S. and that both the Institute and the State Department exchange information which may help in developing friendship.

President Reagan is very much interested in developing these people-to-people programs, Ms. Crosby revealed, backing her assertion with several details. About General Secretary Gorbachev she said that he is willing to build bridges, as shown by his having invited Americans like Phil Donahue and Ted Koppel to produce their talk shows from his country and without any censorship.

The Soviets have expressed themselves as willing to compromise in many areas and "There is no turning back" for the new Soviet Union under Gorbachev, Ms. Crosby opined.

She cautioned, however, that it is "still a question whether cultural interchanges will improve international relations and lead to a solution of more important problems."

The Institute for Soviet-American Relations (ISAR), which publishes the magazine, Surviving Together, is located at 1608 New Hampshire Avenue, N.W., Washington, D.C.

Jim Fleming

Every now and then an item is slipped into the Editor's pigeon hole at the Center. Sometimes the person doing so lets us know who is making the offer but on occasions the donor is not identified. On some occasions the author is well known but at other times the author is not well known (at least to the Editor) and the book, magazine or other publication where it first appeared is not given.

There is real hesitation about using such material - not so much as a question of its merit but for the following reasons:

- a. Is it copyrighted material which we would be stealing?
- b. Is the author willing for us to use it?
- c. Is the source which granted it willing for us to have it?
- d. How can we ascribe proper credit if we did use it?
- e. How can we say who thought it a good idea for the Voice?

CICADAS

The press, especially TV, is sensationalizing the cicadas, employing scare tactics, evoking emotional reactions and impractical actions, and causing much ado about nothing. Mosquitoes and horseflies would seem benign by comparison.

The University of Maryland Extension Service, on the other hand, says cicadas (they are not locusts) do not hurt, sting or bite; they are not a health threat; they eat nothing during their few weeks of life. The numbers of small twigs "pruned" from some trees and shrubs, due to the egg-laying process, are insignificant.

The Extension Service also says: do not spray with insecticides. Poisoning cicadas causes undesirable side-effects, killing honeybees, increasing red-spider mites and other insect pests which damage gardens, because the beneficial insects that control "the pests" are likewise destroyed.

Nancy Rowe

BROADMEAD PUZZLE.

P S I V R U P M F R F R A D S K S H I N
 A L M Y O N S D O O W E G O L N E V E R
 R K A H L I P L R T B U N U L I N N I K
 K O O N Y T T B M R E A E G I L O R D A
 S I X Y T U U I I G U S S O N T J U D D
 P P N A B S R D A N I L E S P I C G A O
 O U A G H G G C R I L E Y M E L O U D R
 T N A R G E A R O M A S O N R L N Y U I
 Z T R U K C E B L E L C A O I Y N T N T
 F F E I T S N A L L I H T I M S E O N R
 Y A E S O R O L E F A I B E T H R N U E
 E L S I E O S D W M S R O L A N D M E I
 S L E V Y L B W O A E V E N T I F O N T
 N W O D L Y I I D R H S I G R O S S I Z
 I O M E T A G N Y T K G I A R C S E P E
 H O W L E T T T R I L R O D E U O R L A
 D O R S E Y N A E N I E T S R E B L I S
 P E N T Z I H W U M S I E R A B U M G I
 E S O L C O O T A L K E R A R E K L A W
 T R U M P R E I S L E R E L T E K I U H

A.A.R.P. members are familiar with this type puzzle as each issue contains a similar one. All words read forward, backward, up, down or diagonally. For the novice are simple words while the veteran players must find the names of Broadmead residents.

Novice words

Arid	Fall	Men	Shin
Boss	gay	Net	Six
Bum	gear	Not	Silk
Cage	Hop	Pine	Sex
Dell	Hill	Pet	Tie
East	Keg	Rare	
Even	Law	Rent	Trump
Form	Lip	Rose	Vent

Residents Names.

Almy	Grant
Agnes	Guyton
Bagby	Hamburger
Baldwin	Howlett
Beck	Hinsey
Bridge	Hoover
Butlor	Hart
Pareis	Jones
Conner	Ketler
Compton	Kinn
Craig	King
Criley	Kurtz
Dow	Levy
Dowell	Lord
Dunn	Link
Elsie(2)	Loud
Forbush	Mahan
Fleming	Martin
Gish	Mason
Gilpin	Moser
Gibson	McIntyre

Niles
 Otis
 Parks
 Plant
 Pentz
 Reier
 Reitze
 Rose
 Rowe
 Rodak
 Roland
 Rumford
 Sauer
 Smith
 Sparks
 Stein
 Powell
 Purvis
 Silberstein
 Taylor
 Dorsey

Tylor
 Gross
 Woods
 Walker
 Mills
 Jells
 Stieff

These names are for
 the Veteran players.
 How many can you get?

By Samuel H. Hoover



ASHLAND

The price has changed. Houses that only a few years ago rented for less than \$100 a month are now being sold at prices over \$130,000. Of course, they have been restored, renovated, remodeled and whatever with such refinements as running water, sewage, and two-car garages.

There were cheap rentals at two different periods. The last was when Mano Swartz owned what was left of the old Ashland Furnace property including the main house and the old 1872 schoolhouse at the corner of Ashland and Paper Mill Roads. The first low rentals were when Ashland was a company town for the manufacture of iron. Rents for mill employees were then little more than one or two dollars a month with free coal.

Many of the old buildings were still standing but in various stages of decrepitude when the current developer started to develop the area. Of these 30-some buildings, ten were salvageable for restoration including the general store, foundry office, three brick colonials, a Greek Revival residence, and a "stone row" now being converted to town houses. A gatehouse is already in place and work is well along on the townhouses, most of which are in clusters of four with a two-car garage for each house.

There seems to be some question as to just when Ashland Furnace (as it was then called) was started but the most probable date is 1844. The manufacturer's census of 1850 listed two steam- and water-powered furnaces, a \$150,000 capital investment, 45 workers and an output of 4,300 tons of pig iron a year. The furnaces were 32 feet high and 11 feet wide at the base. By 1860 there were 200 employees and a monthly payroll of \$5,000. The

annual production of pig iron had increased to 8,000 tons. In addition to the men, the company had from 80 to 100 horses and mules.

The iron ore used to feed the furnaces came from numerous places in the county such as Oregon, Luthville, Timonium, Glencoe, Riderwood and Pot Spring. However, the furnaces could not compete with the new process at Sparrows Point and Ashland Furnace went out of business in 1894.

Ashland was discontinued as a stop on the Northern Central Railroad in 1914 and in 1920 Baltimore City initiated condemnation proceedings to acquire the property east of the railroad line for Loch Raven reservoir and what was left of the old furnace was removed. The expanse of Loch Raven is now one of the views open to the new residents of Ashland.

1b

VOICE OF THE RESIDENTS

Published by and for
the Residents Assn. of Broadmead
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Mildred Tyson, Treasurer

Dear Editor:

A letter from a nephew includes several paragraphs about their pet rabbits. I think it would appeal to some Residents who have asked when I would write another rabbit tale.

Chauncey and I had sent to three nephews and their families the two-part story which appeared in the "Voice." In acknowledging their copy, David wrote: "We all appreciated the articles, and particularly the sentiment." Then followed a vivid account of their pets.

David, a lawyer, lives in Southern California with his charming wife and two attractive young daughters.

I herewith share the story of David B. Wilshire - a story which I have entitled

MORE BUNNIES

As you may know, we have two French Lops and a Netherlands Dwarf - well, we almost have the Netherlands Dwarf. The Netherlands Dwarf is known throughout the neighborhood as "Scooter." The reason we don't quite have him is that he is too small to be trapped by our fences and too fast to be caught by the kids when they go on bunny patrol. He is the itinerate mooch. Yet he is an inspiration to us all as a free spirit.

The reason he is known so well throughout the neighborhood is that he started living as a pet in a cage two houses down at the end of the cul-de-sac. But he was too fast for his young master. When Scooter got out for his exercise, he was just too hard to catch. So Scooter got passed up the street to the girl next to our house. But she, too, had similar problems. What's more, when Scooter got out for his exercise next door, he would invariably end up at our house, no doubt to visit the French Lop already residing here in an outside cage.

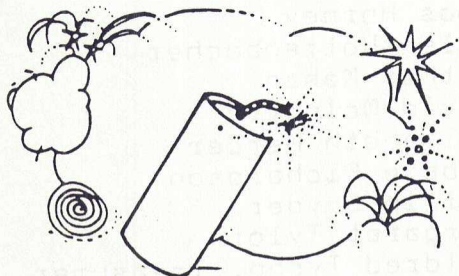
See Next Page

1. Who is the current Chairman of the Broadmead Board of Trustees?
2. What is the date of the next Barn Sale?
3. How many licensed vehicles does Broadmead own?
4. Why are our Fireside Chats so interesting and so well attended?
5. Where did we get the beautiful rhododendrons which have recently been planted on the Nature Trail?
6. What are the official Broadmead colors?
7. How many members are on the Broadmead Board of Trustees?
8. What is the temperature of the spring water?
9. Which company has our Food contract now that Marriott/Saga is terminated?
10. What is the name of the group responsible for art display in the dining room?

For Answers Stand On Your Head

1. Lois Forbush
2. Thursday, June 4, 1987
3. Seven
4. Because Rich gives us interesting information and Nancy gets the notes to us the same day!
5. Chuck Baldwin is the donor
6. Cream and brown
7. Twenty-one
8. Fifty-two
9. We are now SELF-OP
10. Artist Equity Association, Maryland Chapter

ANSWERS



Now you will notice that the French Lop I just mentioned was in the singular, whereas the first time I mentioned that particular breed above I used the plural. The French Lop I just referred to as the one Scooter came to visit is now an old geezer known somewhat unimaginatively as "Buns." In fact, Scooter himself is not as young as he once was either. But then, who is? Certainly no one I know!

The reason this age factor becomes important is that our other French Lop is just a young whipper-snapper. In fact, he is the Son of Buns, whom Dana has monickered "Joshua" or "Josh" for short. It appears that during the time Scooter and Buns were forming their friendship they also staked out their territory - a territory co-terminous with the boundaries of our yard. Apparently, the yard did not have room in it for Joshua when he came along some time later, even though Joshua truly is Buns' son. So Scooter and Buns spend a large part of their day chasing Joshua all around the yard in an effort to rid themselves of this unwanted pest.

Despite all of the animosity, we still let Buns and Joshua out of their respective cages every day to get their exercise. It's got to be more fun than being caged up all day.

Scooter doesn't have a cage anymore. He just sleeps in what was once the kids' playhouse on the side of our house. But he is always there in the mornings when it is time to let Buns out of his cage and to begin the day with the first chase after Joshua.

But Buns is slowing down. His hind legs are not as strong as they used to be. And even Scooter, who has always been a good athlete, is slowing down. I suspect that one day we, too, will find that some dog or cat has made mince meat out of our pets. That will truly be a sad day around this house.

So, before too much more water goes under the bridge, we will have to get Buns back together with his girl friend, Joshua's mother. She lives across the street with one of Joshua's sisters. We'll have to try to make some more bunnies. But when we do, what will we do with them? Shall we ship you one, or two, or three?

This ends my tales of rabbits.

Beulah B. Tatum



What Is a Doctor?

What is a doctor? Is he a priest who with
Incantation and celestial fire can
Banish pain, and calm the pallid spirit
That blanches under death's commanding gaze?

Is he a mastermind who can
Summon from the deep recesses of his memory
All the lore of centuries,
And with omnipresent skill
Blend it into potions that will raise the dying infant,
Or the aged grandsire, from his bed?

Is he a calm-browed and even calmer-minded
Scientist, who probes relentlessly
To learn how nature twists its genes, combines its atoms;
Heeding neither the silly babble of the cranks,
nor the hollow praises of the crowd?

He is not one of these, instead partakes of all,
Blending in a single man or woman
The genius of the healer and the scholar and the searcher,
Fighting ignorance, indifference and stupidity,
Challenging outmoded rules and vested interests,
Pleading only that the sun stand still
And let him get his day's work finished,
Asking no reward except to make
The life of man on earth a fuller and a happier one.

—HARRY F. DOWLING, M.D.
Professor of Medicine
University of Illinois



PROGRAM NOTES

The boys from St. Paul's School will give their final program of the year with songs and visiting. 6/1

The New Age Group will sponsor the talk, "Understanding Your Dreams," by Betty Horn on June 6.

Our versatile Resident Mal Gross will show slides taken from his own boat on a trip through the Inland Waterway. 6/13

The Seniors' Prom will be held on June 20 to celebrate the new portable dance floor given to Broadmead in memory of Dorothy Ohrenschall by her son. The Gordon Hinze Orchestra will provide the music.

Molly Newton, a student of Virginia Reinecke, will give a piano recital on June 21. She studied under Santiago Rodruiguez for her Masters degree from the University of Maryland.

Bob Stanhope, son of our newly-arrived Resident Bess Corson, will give a slide-talk on our neighboring Oregon Ridge Nature Center where he is the director. 6/27

Ron McFarlane will give Broadmead another concert on his lute June 29

Dot Graham

HALLOWELL HALL

BALLOON ASCENSION

Friday, June 5 2:00 P.M.

PROGRAMS

(In the Auditorium unless otherwise noted)

MONDAY, JUNE 1 - 11:00 - Junior Choir and visiting by St. Paul's School for Boys

TUESDAY, JUNE 2 9:30 - Discussion Group: "The Role of the United Nations" by Hart Schaaf, retired Administrative Officer of the United Nations

SATURDAY, JUNE 6 - 7:15 - "Understanding Your Dreams" by Betty Horn

SATURDAY, JUNE 13 - 7:15 - "Cruising the Inland Waterway" - slide-talk by Mal Gross

TUESDAY, JUNE 16 - 9:30 - Discussion Group: final discussion of the year

SATURDAY, JUNE 20 - 7 to 9 - The Seniors' Prom

SUNDAY, JUNE 21 - 2:15 - Molly Newton, pianist, in the Lounge

SATURDAY, JUNE 27 - 7:15 - "The Oregon Ridge Nature Center" - slide-talk by Bob Stanhope

MONDAY, JUNE 29 - 7:15 - Ron McFarlane, lute

PROGRAMS FOR JULY

SATURDAY, JULY 4 - 7:15 - "Malta: What Price Independence?" by Ken Walker

SATURDAY, JULY 11 - 7:15 - Videotape: Itzak Perlman and the London Philharmonic Orchestra, Beethoven Violin Concerto. Introduction by Rowe Hinsey

SATURDAY, JULY 18 - 7:15 - Two-piano Concert by Virginia Reinecke and Janet Beyers, in the Lounge

SATURDAY, JULY 25 - 7:15 - "People of Baltimore Towne: Birth of a City" - slide-talk by Marie Lehnert Maryland Historical Society



September Deadline: August 16th